

# Nutrition Facts

Serving Size 1 Scoop (30.3g)

Servings Per Container 30

Amount Per Serving	Amount per 8 oz. Water	% Daily Value with Water	Amount per 8 oz. Non fat milk	% Daily Value with Milk
Calories	88	†	174	†
Calories from Fat	1.82	†	6.82	†
Total Fat	0.35 g	1%	0.75 g	1%
Saturated Fat	0.11 g	0%	0.3 g	1%
Cholesterol	0 g	0%	5 g	2%
Sodium	60 mg	3%	187 mg	8%
Total Carbohydrates	5.38 g	2%	17.28 g	6%
Dietary Fiber	3 g	12%	3 g	12%
Sugars	2.34 g		14.34 g	
Protein	16 g	32%	24.4 g	49%

Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Glutamic Acid	2665 mg
Aspartic Acid	1789 mg
Arginine**	1390 mg
Leucine**	1329 mg
Lysine**	1099 mg
Phenylalanine**	868 mg
Serine	833 mg
Valine**	801 mg
Proline	710 mg
Isoleucine**	708 mg
Alanine	699 mg
Glycine	651 mg
Tyrosine**	614 mg
Threonine**	613 mg
Histadine**	395 mg
Methionine**	202 mg
Cysteine	167 mg
Tryptophan**	157 mg

\*\*Essential Amino Acids (amount in 30.3g of powder)

Other ingredients: Protein matrix (pea protein isolate and rice protein concentrate), fibersol-2 (maltodextrin), natural vanilla flavors, fructose, xylitol, chia seed, erythritol, mesquite flour, nopal cactus, stevia and sodium chloride.

Not to be used as a sole source of dietary calories. Consult your healthcare provider with any questions regarding your weight loss program.

Do not use if seal is broken.

Store at room temperature in a dry place.

Contains Iron; Keep out of reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

**TRIVITA**®

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